

Boy's Water Polo Frequently Asked Questions

Q: What is 8to18 and why do we have to register there?

A: 8to18 is the athletic portal for Mira Costa High School. Even though you sign up with your counselor to take water polo as you PE class, you must also register on 8-18. Here is the link to the website (<https://miracosta.8to18.com/accounts/login>). You are required to fill out information regarding player conduct, transportation, and player medical history. You must get a physical from a licensed Physician before you are allowed to play. The Physical and Athletic Activity/Emergency forms are due in the office by August 13th. There are folders next to the Athletic office where you turn in your forms. You would use the Water Polo folder.

Q: When does practice start for the Water Polo Season?

A: Practice starts in August. "Practice Week" typically starts a week and a half before the first day of school. For the 2021 Season it will begin August 16th. For Varsity it may begin on August 12 – 13th.

Q: What is the Practice schedule for the week before school starts?

A: The Practices for Varsity Players are M-F 2X per day, once in the morning and again in the afternoon, along with Saturday mornings. For JV/FS it is usually once per day M-Sat.

Q: What is the practice schedule once the season starts?

A: The practice schedule for Varsity is 2-4 PM M-F and some Saturdays. The practice schedule for JV/FS is 3:45 to 6:00 PM M-F and some Saturdays.

Q: Is Water Polo a cut sport at Mira Costa?

A: No, water polo is not a cut sport. Anyone who wants to play regardless of their experience is welcome. There are three different teams: Varsity, Junior Varsity and Frosh/Soph. There are a number of try-outs prior to the start of the season. Once in season, your position on any roster is dependent on participation, ability and attitude. Rosters are fluid and athletes may be asked to play up or down at the Coach's discretion.

Q: Who are the Coaches and what team do they Coach?

A: Jon Reichardt is the Head Coach and he coaches all the teams but primarily the Varsity and JV Teams. Dave Halushka is the Assistant Coach and he coaches Varsity, JV and Frosh/Soph. Adonis Nahabed is also an Assistant Coach and he coaches JV and Frosh/Soph.

Q: How long is the season and what is the commitment? Do you still practice with your club?

A: The season runs from mid-August until November. There are typically 2 games per week plus practices. You do not play for your Water Polo Club during the High School Season.

Q: How much does the Booster Club ask the Parents to contribute during the season?

A: The Booster Club "Ask" is \$350.00 per Athlete to pay for Coaches Stipends, Equipment, Trainers, Transportation, Awards, Events, Facility Maintenance, and Tournament Fees. There are also fundraising events that require you pay or donate time/products. There is a Parent Party, Year End Banquet and Snack Stand. The "Snack Shack" is open during all home games and is one of the largest fundraisers for Boys WP. We ask that you donate time to work at least two shifts (2hrs each) at the Snack Stand and donate the amount of products that you feel comfortable with. If you don't have time to shop, you can pay the "buy out" amount of \$75.00.

Q: Who are the Boosters and what do they do?

A: The Water Polo Boosters are Parent volunteers with Children on the Water Polo on the team. The Boy's Water Polo Booster Club is a School Connected Organization (SCO) with a Board of Directors that runs the various events and fundraising for the team. They must have officers, a budget and an official operating agreement with the MBUSD Supervisor. The funds are handled mostly through the MBX Foundation.

Q: How do we find out what is going on every week in addition to the emails?

A: Please check the Mira Costa Aquatics Website for the latest information on the program. The website address is www.mustangaquatics.org.

Q: What is Remind Text Tree and how to I get on it?

A: Remind is the text chain app we use for Mira Costa Water Polo Texts. You can be added based upon your team (Varsity, JV and F/S) starting in the end of August after the introductory breakfast meeting:

Varsity: Enter this number: 81010 and Text this message: @bmoste

JV: Enter this number: 81010 and Text this message: @bmostel

F/S: Enter this number: 81010 and Text this message: @mchsfro

Q: What happens when Water Polo Season is over?

A: Water Polo is a year-round sport. There is a short break until Off-Season Water Polo begins. During that break, you must sign in at the pool on a daily basis.

Q: Who can I call if I have questions not addressed here?

A: PJ Harari

President, Mira Costa High School Boy's Water Polo Boosters

310-901-1944

pjharari@mlaglobal.com or

costaboyswaterpolo@gmail.com

